

PREPARATION FOR WORKING LIFE

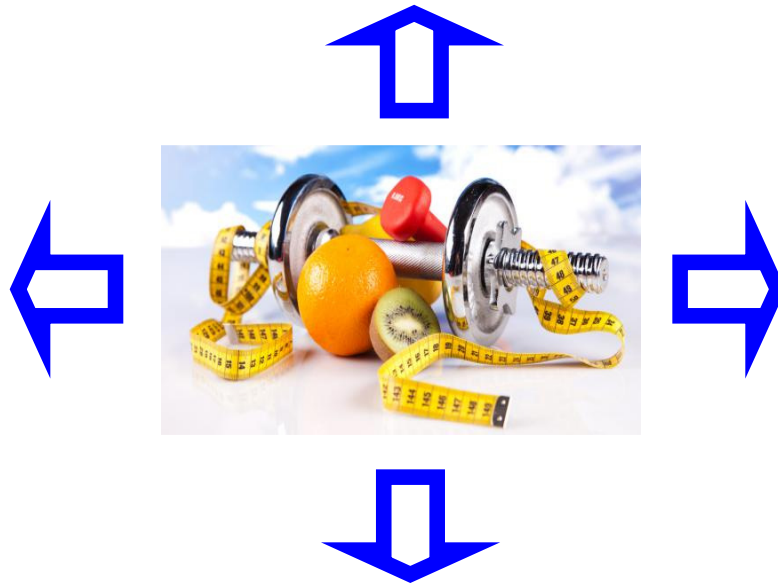
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Personal Awareness

Name:

Physical Awareness

List four factors that affect physical well being?



Intellectual awareness

List two factors that affect intellectual ability?



Emotional Awareness

List as many emotions as you can think of. Write them round the box.



The emotion the woman is showing is

A	Curiosity
B	Envy
C	Kindness
D	Surprise

Social, economic and environmental factors



Our view of ourselves is affected by many things including social, economic and environmental factors. Decide which category the following belong to and put them in the appropriate box

- | | | |
|---------------------------|-------------------------------|----------------|
| being employed | being isolated | having friends |
| being unemployed | living in a comfortable house | |
| being bullied | noisy, unfriendly neighbours | |
| overcrowded accommodation | living next to a busy road | |
| having a busy social life | changing jobs frequently | |
| feeling exploited | divorce | |

Social factors	Economic factors	Environmental factors

An example of an unexpected life event is ...

A	Starting school
B	leaving school
C	redundancy
D	Retirement